



ACROSS:

- 1 Game where a ball is used to knock down 10 pins
- 2 Game played on walled court with 2/4 players who strike a ball with hands
- 3 Game where you try to keep an object away from someone
- 4 What you do in a pool
- 5 Practice of shooting with a bow and arrow
- 6 Game where 2 players hold a rope at each end and twirl it as another jumps
- 7 Game where you hit the "Birdie" over the net
- 8 Competitive sport with acrobatics showing strength, balance & body control
- 9 Japanese sport developed from Jujitsu
- 10 Game where players punch a ball back and forth to each other over a net
- 11 Traveling on water or snow using skis
- 12 England's name for Football
- 13 Game where one player touches another and shout's "You're It"
- 14 Game where goals are scored by hitting a ball with any part of the body except the hands and arms
- 15 Game in which Homeruns are scored
- 16 Olympic sport that uses a rectangular, flexible sword
- 17 Type of transportation with 2 wheels powered by pedaling
- 18 To travel by vessel on water utilizing the wind for movement
- 19 The score resulting from putting the hockey puck in the opponents net
- 20 Bareback, jumping, steeplechase and rodeo are types of this.
- 21 A game played with a ball and bat on a large field centering upon two wickets defended by a batsman
- 22 the act of riding a board in a surfing position across snow

DOWN:

- 1 Game where a ball is tossed through a hoop with a net
- 2 Game played on ice with a "puck"
- 3 To travel by using your feet
- 4 Gliding with shoes with rollers or metal blades on the bottom
- 5 60 of these makes one hour
- 6 Traveling in a boat being powered manually with a paddle
- 7 Pleural of track and field sport in which a distance jump is made from a running start
- 8 Sport sisters Serena and Venus Williams play this sport
- 9 To run at a slow trot
- 10 Game played between 2 teams on a rectangular field with goal posts at each end
- 11 Boat powered by pedaling which turns a wheel
- 12 To propel a boat by using oars
- 13 An Eskimo canoe
- 14 To build up strength, heavy weights do "weight _____"
- 15 A small metal sled used in racing "B__ s ___ g h"
- 16 Game played with clubs used to hit a ball and sink it in a hole on a "Green"
- 17 The act of plunging in water, intentionally head first
- 18 The act of holding this object connected by string as the wind moves it around in the air
- 19 Sport of "The Undertaker", "The Rock" and "Hulk Hogan"
- 20 " T _____ and Field" sports

Healthy Hint #1:

Spend 60 Minutes a Day Being Physically Active

